



Welcome

WE'RE GLAD YOU'RE HERE

With hearts full of love, our staff and volunteers are passionate about creating a community for families with young children where everyone feels welcomed, loved, and accepted. We provide a warm, caring environment, opportunities to connect and be supported.. and of course, yummy food and drinks!

Little Teapot is a faith-based charity that welcomes you to your home away from home! Our menu, although simple, has homemade, nutritious options prepared with love for you and your little ones. We hope you have a wonderful time here.

Find out more about our **annual memberships** today. **You can save money and make a difference!** Get a discount of 10% all year from when you sign up plus so much more! Sign up online

Or show your Health Care Concession Card to get 15% off*

www.littleteapot.co/family

*only one discount option can be used at a time



SWEET TREATS

Little Teapot freshly baked scones served with jam & freshly whipped cream \$7.9

We also have a delicious range of sweet treats with gluten free & vegan options. Have a look at the counter & display cabinet.

BREAKFASTY THINGS

Toast (V/GFO) - 2 slices sour dough served with butter & jam or vegemite GF + \$1.5 \$6.5

Sour Dough Fruit Toast (V) 2 slices w butter \$7.5

Banana Bread (V/GFO/VGO) - 2 slices toasted & served with butter GF & VGO + \$2.0 \$7.9

Bacon & Egg Breakfast Focaccia fried eggs, bacon & cheese with hollandaise, tomato relish or BBQ sauce **\$13.5**

V = Vegetarian GF = Gluten Free GFO = Gluten Free Option VGO = Vegan Option

LUNCHY THINGS



Toasted Sandwiches (GFO/VGO)

Ham & cheese **\$8.5** Ham, cheese & tomato **\$8.9**
Chicken & cheese **\$8.9** Vegan Cheese **\$9.5** GF+**\$1.5**

Beer Battered Onions Rings with sour cream & sweet chilli sauce or tomato relish **\$12.5**

Vegan Focaccia - with vegan cheese, relish, avo, spinach & red onion add falafels +\$3.0 **\$11.9**

Soup of the Day (V) \$13.5
served with Sour Dough toast - see Specials - GF + \$1.5

Chicken & Avocado Focaccia \$13.9
chicken, cheese, avo, baby spinach, mayo & red onion

Aviary Vegetarian Frittata (V & GF) \$14.9
served with a side salad & tomato relish

Aviary Sausage Roll \$15.5
served with a side salad & tomato relish

Aviary Vegetarian Lasagna \$16.5
served with onion rings & a side salad

Teapot Salad (GF, V and VGO) \$14.9
garden salad with fetta, balsamic vinaigrette
add chicken +\$3.0 add falafels +\$3.0 vegan cheese & dressing + \$2.0

tip us over pour us out

♡ FOR YOUR LITTLE ONES

DRINKS & SNACKS

- Babychino** **\$2.5** **Mini cupcake** **\$2.9**
- Kids fruit drinks/juices** see fridge **\$3.5**
- Babychino & mini cupcake** **\$4.9**
- Kids milkshake** chocolate or strawberry
almond/oat/soy/lactose free **\$4.5** **+ \$1.0**
- Kids milkshake & mini cupcake** **\$6.9**
- Little Peoples Platter to Share (V/GFO/VGO)** cheese,
crackers, hommus, cucumber & seasonal fruit
Vegan cheese option +\$3.0 (GF available) **\$9.5**
- Kids Snack Pack (V/GFO/VGO)** milkshake, juice box
or babychino, mini cupcake with cheese, crackers &
seasonal fruit Vegan cheese option +\$3.0 (GF option) **\$10.9**

LUNCHY THINGS

- Toasted cheesy soldiers (V/GFO/VGO)** toasted cheese
sandwiches cut into strips **\$6.5**
Gluten Free + \$1.5 Vegan cheese +\$3.0 Ham + \$2.0
- Kids Sandwich Basket (V/GFO/VGO)** triangle
sandwiches (cheese, cheese & vegemite, vegemite or jam)
Toasted or Fresh, with mini cupcake & milkshake or juice
box or babychino
Gluten Free + \$1.5 Vegan cheese + \$3.0 Ham + \$2.0 **\$10.9**
- Kids Chicken Basket** crumbed chicken fingers with
smiley face potato bites, tomato sauce & a milkshake or
juice box or babychino and mini cupcake **\$11.9**
- V = Vegetarian GF = Gluten Free**
GFO = Gluten Free Option VGO = Vegan Option

SHARE THE LOVE

Partner with Little Teapot &
the Bendigo Bank by
contributing \$4.5 towards a \$10+
voucher for every mum of a
baby born this year in Lara!



- Coffee, Chai, Hot Chocolate, Iced Latte** **\$4.5** **Soft Drinks & juice** (see cabinet) **\$4.0-\$5.50**
- Large, Mocha, Strong (extra shot),
Decaf, Dirty Chai, Affagato, Vanilla,
Hazelnut, Caramel ..all +\$0.7
- Almond, Oat, Soy, Lactose Free
Milk +\$1.0
- Tea (T2)** **\$4.5**
- english breakfast / earl grey /
just peppermint /chai /
just chamomile / china jasmine
green tea / lemongrass & ginger
- Iced Chocolate & Iced Coffee** with
ice cream & whipped cream **\$6.5**
- Mocha, Strong (extra shot),
Decaf .. all + \$0.7
- Almond, Oat, Soy, Lactose Free Milk
+\$1.0
- Milkshake** **\$6.5**
Thickshake **\$7.5**
Strawberry / Chocolate
Almond, Oat, Soy, Lactose Free +\$1.0

FIND OUT MORE

If you'd like to connect with others and find about groups we offer please chat to
a team member or head online to www.littleteapot.co/community

If you'd like to volunteer with us go to www.littleteapot.co/team to find out more

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